

Chinese Dance Workshop for Primary (Chinese Classical Dance)

as part of NAC-AEP (Experience) Programme

Programme Title:	Chinese Dance Workshop for Primary
Art form:	Dance
Target Audience:	Lower Primary and Upper Primary
Venue required:	Enclosed Area: Dance Studio or Music Room
Duration of each session:	90 minutes
Total no. of sessions:	3 sessions
Material/ Equipment needed:	Visualiser and CD player
Student: Instructor Ratio	1 instructor to 24 students

Outline of Programme:

There are misconceptions that “Chinese Dance” is all about fans, ribbons, and handkerchiefs. In fact, “Chinese dance” is an umbrella term used for dances of Chinese origin. In general, Chinese dance can be classified into two major types: Classical dance and Ethnic Folk dance.

Chinese Classical dance is a dance form derive from the reconstruction of ancient dance of China. It is an art form that encompassed the 5000 years of Chinese culture and profound traditional aesthetics. It also embodies human nature, moral standards and moral values.

This module aims to evoke interest and understanding towards Chinese Classical dance, through engaging activities such as, storytelling. Students will be guided to explore and create their own movement as well.

Learning Outcome:

At the end of the programme, the students will be able to:

- a) identify the different types of Chinese dance;
- b) talk about the characteristics of Chinese dance;
- c) demonstrate the different steps in Chinese dance at their absolute best

Assessment Task:

- 1. Group performance
- 2. Peer Evaluation

Lesson Plan:

Session Objectives	Duration	Student Activity
Session 1		
To equip the students with information of Chinese dance and how it is relevant in Singapore contexts	20-mins	<ul style="list-style-type: none"> - Go through objectives of the course - Share prior knowledge about Chinese dance with instructor - Watch a slide presentation about Chinese dance on the brief origin, costumes as well as music and dance
To equip the students with a basic warm-up routine used in Chinese dance	20-mins	<ul style="list-style-type: none"> - Follow a short warm up routine (Different level of difficulties depends on the age group)
To equip students with the basic ideas of replicating ancient dance	45-mins	<ul style="list-style-type: none"> - Replicate dance images/poses from pictures - explore the vocabulary of Classical dance through storytelling
To allow the students reflect and clear their doubts	5-mins	<ul style="list-style-type: none"> - Recap and debrief.
Session 2		
To strengthen the students' knowledge with the basic warm up routine	15-mins	<ul style="list-style-type: none"> - Follow a short warm up routine (Different level of difficulties depends on the age group)
To equip the students with dance routine that focus on the hand gestures and vocabulary used in Chinese dance	60-mins	<ul style="list-style-type: none"> - Follow a short dance routine
To equip the students with the ability to create	10-mins	<ul style="list-style-type: none"> - Guided to work on creating an ending pose
To allow the students reflect and clear their doubts	5-mins	<ul style="list-style-type: none"> - Recap and debrief.
Session 3		
To strengthen the students' knowledge with the basic warm up routine	10-mins	<ul style="list-style-type: none"> - Follow a short warm up routine (Different level of difficulties depends on the age group)
To prepare the students for their showcase	15-mins	<ul style="list-style-type: none"> - Preparing for the presentation.
To equip the students with the basic ability to make simple judgement to others' performance	50-mins	<ul style="list-style-type: none"> - Present their dance sequence in groups - Take turns to make simple judgment regarding presentation of the other groups
To allow the students to share their thoughts	15-mins	<ul style="list-style-type: none"> - talk about their liking and understanding about Chinese dance

Chinese Dance Workshop for Primary (Chinese Ethnic Folk Dance)

as part of NAC-AEP (Experience) Programme

Programme Title:	Chinese Dance Workshop for Primary
Art form:	Dance
Target Audience:	Lower Primary and Upper Primary
Venue required:	Enclosed Area: Dance Studio or Music Room
Duration of each session:	90 minutes
Total no. of sessions:	3 sessions
Material/ Equipment needed:	Visualiser and CD player
Student: Instructor Ratio	1 instructor to 24 students

Outline of Programme:

There are misconceptions that “Chinese Dance” is all about fans, ribbons, and handkerchiefs. In fact, “Chinese dance” is an umbrella term used for dances of Chinese origin. In general, Chinese dance can be classified into two major types: Classical dance and Ethnic Folk dance.

Chinese ethnic folk dance comprises of the 56 ethnic groups in China including the Han, Tibetan, Mongolian, Uyghur, Korean and etc. Most of the dances portrayed their daily lifestyle and cultural belief, such as, harvest dance, courtship dance, festive dance and ritual dance.

This module aims to evoke interest and understanding towards Chinese Ethnic folk dance, through engaging activities such as, story-telling and role playing. Students will be guided to explore and create their own movement as well.

Learning Outcome:

At the end of the programme, the students will be able to:

- identify the different types of Chinese dance;
- talk about the characteristics of Chinese dance;
- demonstrate the different steps in Chinese dance at their absolute best

Assessment Task:

- Group performance
- Peer Evaluation

Session Objectives	Duration	Student Activity
Session 1		
To equip the students with information of Chinese dance and how it is relevant in Singapore contexts	20-mins	<ul style="list-style-type: none"> - Go through objectives of the course - Share prior knowledge about Chinese dance with instructor - Watch a slide presentation about Chinese dance on the brief history of the specific ethnic group, their custom, living environment, costumes as well as music and dance
To equip the students with a basic warm-up routine used in Chinese dance	20-mins	<ul style="list-style-type: none"> - Follow a short dance warm up routine (Different level of difficulties depends on the age group)
To equip students with the basic ideas of cultural influences in Chinese Ethnic Folk dance	45-mins	<ul style="list-style-type: none"> - Explore the concept of create movements based on given theme (e.g. riding on house, etc.). - Being taught the basic law of movement that is unique to the ethnic group.
To allow the students reflect and clear their doubts	5-mins	<ul style="list-style-type: none"> - Recap and debrief.
Session 2		
To strengthen the students' knowledge with the basic warm up routine	15-mins	<ul style="list-style-type: none"> - Follow a short warm up routine (Different level of difficulties depends on the age group)
To equip the students with dance routine and vocabulary used in Chinese dance	60-mins	<ul style="list-style-type: none"> - Follow a short dance routine
To equip the students with the ability to create	10-mins	<ul style="list-style-type: none"> - Guided to work on creating an ending pose
To allow the students reflect and clear their doubts	5-mins	<ul style="list-style-type: none"> - Recap and debrief.
Session 3		
To strengthen the students' knowledge with the basic warm up routine	10-mins	<ul style="list-style-type: none"> - Follow a short warm up routine (Different level of difficulties depends on the age group)
To prepare the students for their showcase	15-mins	<ul style="list-style-type: none"> - Preparing for the presentation.
To equip the students with the basic ability to make simple judgement to others' performance	50-mins	<ul style="list-style-type: none"> - Present their dance sequence in groups - Take turns to make simple judgment regarding presentation of the other groups
To allow the students to share their thoughts	15-mins	<ul style="list-style-type: none"> - talk about their liking and understanding about Chinese dance